# **Poverty Simulation: Enhancing Experiential Education for Health Professions Students**

Cheryl Clarke, R.Ph. & Renee Sedlacek, M.A. Drake University, Des Moines, IA



# Perceptions







#### Drake's Mission

To provide an **exceptional learning environment** that prepares students for **meaningful personal lives**, **professional accomplishments**, and **responsible global citizenship**. The Drake experience is distinguished by **collaborative learning** among students, faculty, and staff, and by the **integration of the liberal arts and sciences with professional preparation**.





Printer Friendly Page

#### **Community Action Poverty Simulation**

Marketplace on National Public Radio: Story on a Poverty Simulation in California

Poverty Simulation Photos Poverty Simulation Kit Order Forms Facilitator Training Information

The Community Action Poverty Simulation (CAPS) is a unique tool that community action agencies are able to use to educate everyone, from policy makers to local community leaders, about the day to day realities of life with a shortage of money and an abundance of stress. CAPS is a copyrighted tool made available by the Missouri Association for Community Action to organizations that want to promote a greater understanding of poverty.

During a simulation, participants role-play the lives of low-income families, from single parents trying to care for their children



# It's not a game...











#### Drake Pharmacy Poverty Curriculum

- First Year Spring
  - Health Disparities lecture and lab
- Second Year May to May
  - Diversity Service Learning
     Introductory Pharmacy
     Practice Experience (DSL IPPE)
- Second Year Fall
  - Poverty Simulation





## DSL IPPE

- 40 hour experience over 6-14 weeks
- Healthcare services at locations where patients are at risk for health disparities
  - Free Medical Clinics
  - FQHCs
  - Headstart
  - Community mental health clinics
  - EFNEP
  - Senior Centers





### Poverty Lecture and Lab

Learning Objectives:

•Define the determinants of health.

- Define health disparity and health equity.
  Distinguish between generational and situational poverty.
- Identify the types of resources lacking in poverty.

•Compare the hidden rules of poverty and middle class.



#### Poverty Lecture and Lab

**Primary Resources** 

Healthy People 2020
Ruby E. Payne, PhD, et al Bridges out of Poverty





### Poverty Lecture and Lab

Learning Objectives:

•Define the determinants of health.

- Define health disparity and health equity.
  Distinguish between generational and situational poverty.
- Identify the types of resources lacking in poverty.

•Compare the hidden rules of poverty and middle class.



#### Drake Pharmacy Poverty Curriculum

- First Year Spring
  - Health Disparities lecture and lab
- Second Year May to May
  - Diversity Service Learning Introductory Pharmacy Practice Experience (DSL IPPE)
- Second Year Fall
  - Poverty Simulation





#### Evaluation

- Pre- and Post-Evaluation using the Attitudes Toward Poverty scale
- Mimic a study involving nursing students
- 21 factors exploring 3 domains:
  - Stigma
  - Structure
  - Personal Deficiency



## Evaluation

Pre-Assessment: Poverty Simulation				
Please read each statement and indicate your agreement with the statement. This is your personal assessment so there are no right or wrong answers.				
<b>Poor people are different from the rest of society.</b> (Question 1 of 21 - Mandatory)				
OStrongly Agree	Agree	ONeutral	ODisagree	OStrongly Disagree
Poor people are dishonest. (Question 2 of 21 - Mandatory)				
Strongly Agree	Agree	○Neutral	Disagree	Strongly Disagree
Most poor people are dirty. (Question 3 of 21 - Mandatory)				
(Question 5 of 21 - Manaatory)				
Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
<b>Poor people act differently.</b> (Question 4 of 21 - Mandatory )				
Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree







### **Preliminary Results**

- Statistically Significant Change in 15 of 21 items
- Domains by Nursing and Pharmacy Students
  - Stigma Significant for both
  - Structure Significant for pharmacy only
  - Personal Deficiency Not significant





# Reflection & Discussion



#### Sample:

Debate whether eople in poverty ceive health care nat is the same, etter, or worse han the general population.



# Bringing it home...







## Reference

- Atherton, C. R., & Gemmel, R. J. (1993). Measuring attitudes toward poverty: A new scale. Social Work Research & Abstracts, 29(4), 28–31.
- Patterson, Nena; Hulton, Linda J. Public Health Nursing. Mar/Apr 2012, Vol. 29 Issue 2, p143-151.
- Missouri Association for Community Action Poverty Simulation, <u>http://www.communityaction.org/poverty%20simulatio</u>

<u>n.aspx</u>



#### **Contact Information**

Cheryl Clarke, R. Ph. Assistant Dean, Clinical Affairs; Assistant Professor of Pharmacy Practice College of Pharmacy and Health Sciences Tel: 515-271-3889 cheryl.clarke@drake.edu

Renee Sedlacek, M.A. Assistant Director, Community Engagement Office of the President | External Affairs Tel: 515-271-2454<u>renee.sedlacek@drake.edu</u>

