

STONY BROOK UNIVERSITY

CAREER CENTER

# Career Readiness: Past Experience = Future Value

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Stony Brook University

ARE YOU

CAREER

READY



\*\*\*Career Competencies: National Association of Colleges and Employers [NACE]





## Top soft skills recruiters look for in graduates

Rank	Soft Skills	Total %	Private	Public	NGO
1	Reliability	88	0	-1	-2
2	Responsibility	88	0	1	0
3	Communication Skills	85	-1	0	-1
4	Positive Attitude	84	1	-1	-2
5	Team Work	84	1	1	4
6	Problem Solving	82	0	0	-2
7	Work Ethic	82	0	-1	2
8	Adaptability	80	0	1	-3
9	Dedication	77	0	0	-1
10	Integrity	76	-1	-2	3
11	Flexibility	73	1	-2	-3
12	Stress Management	73	0	2	-5
13	Time Management	71	0	2	-3



**1** PROBLEM SOLVING

**2** COMMUNICATION

**3** TEAMWORK

**4** DIGITAL TECHNOLOGY

**5** LEADERSHIP

**6** PROFESSIONALISM

**7** CAREER MANAGEMENT

**8** GLOBAL UNDERSTANDING





**Goal:** a common language spoken across our campus





Included in the Career Ready Guide:



PROFESSIONALLY PRODUCED VIDEOS



## INTRODUCING THE CAREER READY GUIDE

**Interactive Learning Activities: Checklists - Case Studies - Videos – Reflections**

*\*\*\*CareerSpots: Virginia Tech, University of Tampa, University of Kansas*



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Guided Reflection on Work





**Transferable Skills** = skills and abilities that are relevant and helpful across different areas of life.

### Organization Skills

- Follow-through
- Meeting deadlines
- Multitasking
- Planning
- Setting and attaining goals
- Time management

### Leadership Skills

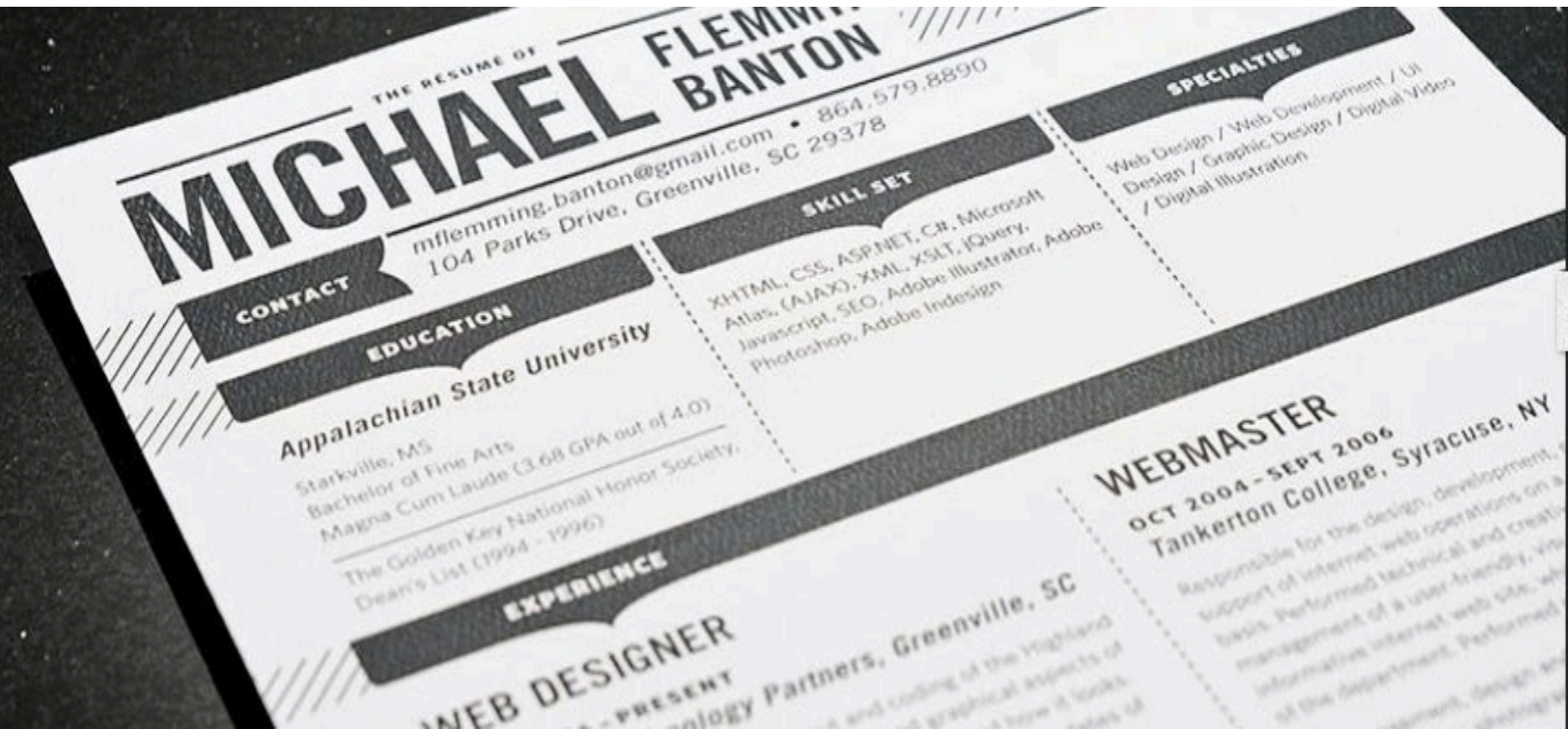
- Decision-making
- Delegating
- Evaluating
- Initiating
- Managing
- Motivating others
- Planning
- Problem-solving
- Supervising
- Team-building





# Skills-Based Resumes:

showcasing skills, abilities and experiences



A video player interface showing a woman in a white shirt and black vest sitting at a conference table. The video is overlaid with text and a progress bar.

93% of hiring managers **consider**  
**soft skills essential**, but 59% say  
**they're hard to find**

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 Recognition

*Credly*

Explore, Learn, Succeed



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IBM Digital Badge Program  
[ibm.com/badging](http://ibm.com/badging)

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## Are you a Career Ready Seawolf?

